

Long E Sound /i/

Make peace with each person you meet.

To make this sound: This is the “smiling” sound. Pull your lips back in a smile, keep your jaw mostly closed, and turn on your voice. Your tongue is up in the back, and the sides of your tongue are touching the sides of your upper teeth. Because this is a tense vowel, you can feel muscles bulging out under your jawline when you say “eee.”

Practice Words

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|------------|-----------------|
| 1. eat | 16. believe |
| 2. easy | 17. between |
| 3. east | 18. deep |
| 4. eagle | 19. leave |
| 5. each | 20. least |
| 6. either | 21. need |
| 7. enough | 22. piece/peace |
| 8. even | 23. reason |
| 9. evening | 24. repeat |
| 10. feel | 25. seat |
| 11. deal | 26. three |
| 12. seem | 27. these |
| 13. beat | 28. weak/week |
| 14. green | 29. decrease |
| 15. heat | 30. receipt |

Practice Sentences

1. We will eat our **evening meal**.
2. It is **easy** to see the **eagle** in the **green tree**.
3. Have you **seen** enough of **each** other?
4. **Either** way, it **seems** to be a fair **deal**.
5. I still **feel** the **heat**, **even** though it is **evening**.
6. I **believe** you **beat me** at the game.
7. There is a **deep valley between** those mountains.

8. You **need** at **least** eight hours of **sleep** every night.
9. **Please leave** a **piece** of pie for your sister.
10. What is the **reason** for this **repeat** performance?
11. We will enjoy some **peace** and quiet this **week**.
12. Will you save us **three seats**?
13. I hope **these** lumps will **decrease** in size.
14. Did you get a **receipt** for **each** purchase?

Tongue Twisters

Easy

- I scream, you scream, we all scream for ice cream!

Hard

- Denise sees the fleece,
Denise sees the fleas.
At least Denise could sneeze
and feed and freeze the fleas

Diabolical (but you can do it if you try!)

- Through three cheese trees three free fleas flew.
While these fleas flew, freezy breeze blew.
Freezy breeze made these three trees freeze.
Freezy trees made these trees' cheese freeze.
That's what made these three free fleas sneeze.

—*Fox in Socks by Dr. Seuss*

Video Practice

1. How to Say Beach
http://www.youtube.com/watch?v=8JA_Ceh5aFY
2. Long E at the Beach
<http://www.youtube.com/watch?v=sdztLSk9F7c>